SOUTHMORELAND FOOD SERVICE DEPARTMENT



CONTACT INFO:

Zach Malavite, Food Service Director (<u>malavitez@southmoreland.net</u>)
Amy Yezek, Secretary (<u>yezeka@southmoreland.net</u>)
Food Service Office Phone: 724-887-2015

SPC Head Cook-Kelly Smitley 724-887-2028 SES Head Cook-Deanna Sirgey 724-887-2050 MS Head Cook-Melinda Lewandowski 724-887-2053 HS Head Cook-Bonnie Wiltrout 724-887-2047

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(This is an informational page; we are unable to reply to comments there, please contact us by phone or e-mail)

USDA WAIVERS FOR FREE MEALS EXPIRED ON
JUNE 30, 2022 ALL MEALS OFFERED FOR THE 22-23 SCHOOL
YEAR WILL BE UNDER THE SCHOOL NUTRITION PROGRAM
UMBRELLA

SCHOOL BREAKFAST PROGRAM (SBP)

Breakfast includes a choice of entrée with whole grains &/or lean protein, fruits, 100% juice and 1% white milk.

NATIONAL SCHOOL LUNCH PROGRAM (NSLP)

Our lunch program offers a variety of student friendly entrees (consisting of lean protein and whole grain), 2 vegetable choices (cooked & fresh, they may take both), fruit (either fresh, canned, dried or 100% fruit juice) and choice of 1 % white or 1% chocolate milk. Students MUST take 3 items on their tray and 1 MUST be a fruit or veggie.

SPECIAL DIETARY NEEDS/ALLERGIES

An allergy form MUST be completed & submitted to the Food Service Department in addition to listing your child's allergy on the nurse's emergency card! Please navigate to the Food Service page on www.southmoreland.net for instructions & forms on proceeding with special dietary requests.

ADVANCE NOTICE IS REQUIRED FOR ANY ALLERGY/SPECIAL DIET REQUESTS SO WE CAN EVALUATE THE REQUEST, RESEARCH OUR FOOD LABELS, PURCHASE FOOD AND CONTACT THE PARENT FOR CLARIFICATION AS NECESSARY.

Note: Please do not include your child's "dislikes" on your nurse/allergy form and be specific to the allergen, contact us if you would like to discuss in more detail prior to sending in the form.

As an example: if you list MILK, we will flag all options of fluid milk as well as items that include the ingredient milk. Please specify in this instance if it is a Lactose, Whey or Casein Protein allergy so we can best fit the needs of your student.

Meal Prices:

SPC/SES: Free & Reduced Breakfast – No Cost

Paid Breakfast - \$1.30

Free Lunch – No Cost Reduced Lunch - \$0.40

Paid Lunch - \$2.25

MS/HS: Free & Reduced Breakfast – No Cost

Paid Breakfast - \$1.30

Free Lunch – No Cost Reduced Lunch - \$0.40

Paid Lunch - \$2.50

District Adult Breakfast - \$1.75 Adult Lunch - \$3.75

As a reminder if current household children have been approved via an application from the previous year, these benefits will also carry over to siblings newly enrolled in the school district for the first 30 days of the 2022 - 2023 school year. If you have not received a Direct Certification Eligibility Letter from the Food Service Department we urge you to please apply online for Free and Reduced meals for your students on www.schoolcafe.com

Menus will be posted monthly on the Food Service section of www.southmoreland.net & the Scottie Channel.

Please note that menu items are subject to change

Cafeteria charges carryover from year to year & school to school. Please contact the Food Service Office to arrange a payment plan for debt, accounts can be reviewed for free on www.schoolcafe.com Online payments can be made through this system although a 3rd party service fee will apply.

We are an equal opportunity provider & employer. Cafeteria substitutes needed!!! Call 724-887-2015 for more information.